



GLADSTONE

PRIMARY SCHOOL & KINDERGARTEN

NEWSLETTER

Term 1, Week 2, 6 January 2019



8th February

- Playgroup 9.30-11.00.

12th February

- Governing Council AGM, 7.30pm.

13th February

- High School swimming carnival.
- **No lunch** orders on this day.

15th February

- CAHYS Clinic.
Ph 1300 733 606

18-22nd February

- Water Safety Program.

19th February

- **Acquaintance, Tuesday 5-7pm.**

20th February

- Kindy Student Free Day.

1st March

- Assembly 2.40 (4/5 class running).

8th March

- High School sports day.

AGM

The Governing Council AGM will be held on Tuesday 12th February at 7.30pm. If you are interested in becoming a member of the GC or would like to be at the presentation of the 2018 Annual Report come along. There are 5 vacancies to be filled for the 2019 GC. Ongoing councilors are Mark Crawford, Ben Crawford, Bec Cunningham, Judy Crosby, Tegan Bullock and Karen Ide

M&S charges

Fee invoices have gone home today. We look forward to your early payment of the Materials and Service Charges. All payments must be made by end of Term 1- 12/04/19 or a payment plan negotiated with Bev or school card application made.

The eligibility for School Card assistance of combined family gross income has a significant increase for 2019. The 2017-2018 financial year income limits are as below:

Number of Dependent Children	Gross Annual Income Limit	Gross Weekly Income Limit
1	\$59,432	\$1,143
2	\$60,493	\$1,164
3	\$61,554	\$1,185
4	\$62,615	\$1,206
5	\$63,676	\$1,227
Each Additional Child	\$1,061	\$21

If you think you are now eligible all application forms are available from Front Office. Contact the school for a form.

GHS Canteen

The canteen is looking for volunteers to help Lyn, if you have some free time and would like to help please contact the Gladstone High School. Our lunch order days are Mondays, Wednesdays and Fridays, these days are especially busy and are the days help is mostly required.

Reminders

Please return all paperwork sent out last week asap.

Have your say on school bus services

If you'd like to have your say on regional South Australian Government school bus services please turn to the community notices on the back for more information and where to go to have your say.



BE SOMEBODY
WHO MAKES
EVERYBODY
FEEL LIKE A
SOMEBODY

2 West Terrace Gladstone SA 5473

T 8662 2235 M 0407 411 587

E dl.0147_info@schools.sa.edu.au

W gladstoneps.sa.edu.au

Year 4-7 Boot Camp

On Friday the 1st of February, Year 4-7 children participated in a “boot camp”. A boot camp is used by the military to hone skills and discipline. In true military fashion the students were organised in teams ranging from the Army to the Paratroopers! Our boot camp honed in on the skills for learning and challenges were based around these. The skill challenges were concentration, environmental care, organisation, managing impulsivity, persistence and time management. Everyone had lots of fun in each of the challenges!



Mindfulness

for Mums, Dads, Grandparents, Carers,
Everyone!

Do you sometimes feel like there is too much happening around you?

Are thoughts keeping you awake at night?

Would you like some time out to become more relaxed?

Or are you just interested in knowing what Mindfulness is all about...

We are running our six week Mindfulness and Meditation Course
in Clare in Term 1, 2019

Commencing Thursday 21st February to Thursday 28th March
6.30pm – 8.00pm

Cost: \$120

Early Bird (if booked before End of January) & Repeat Participants: \$100
(Concession available on request)

In these 1 ½ hour sessions we will explore techniques to:

- ~ improve mental clarity, concentration, relaxation and sleep
- ~ learn to be in the present moment and out of 'auto pilot'
- ~ reduce stress ~ improve relationships ~ manage pain
- ~ become less judgmental of ourselves and others

Places are limited - to register or make enquiries, contact:

Melanie Michael: 0428 101 228 Michelle Sanders: 0407 795 104

midnorthmindfulness@gmail.com Certified Mindfulness-based Stillness Meditation Facilitators



Hip Hop Bounce, fresh dance that's all about fun!

DANCE, CHEER, TUMBLE and SING, Hip Hop Bounce are now open for 2019 enrolments in Port Pirie, Jamestown, Clare, Whyalla and Crystal Brook. Come and share our passion for dance; make new friends and have fun whilst getting fit, boosting your confidence and learning great dance technique.

Our growing school is focused on providing lots of options so we can tailor a personalised dance experience just for you - whether you'd like to dance for fun, perform, compete, study or even pursue a career in dance or teaching, we'd love to find the perfect fit for you and watch your dreams come true!

All students are invited to perform at our annual end of year Spectacular at the Northern Festival Centre (or Middleback Theatre for Whyalla students). Everyone is welcome to come and try, no experience necessary.

Enrolments are now open for our exciting 2019 timetable...

- *New classes with expanded timetables in all campuses.
- *Huge range of styles including Hip Hop, Ballet, Tap, Jazz, Contemporary, Adult's Dance Fitness, and Bounce-Sing (Musical Theatre).
- *Home of the Bounce All Stars Cheerleading program encompassing Stunt, Pom and Tumble.
- *Our very own Little Bouncer Club classes specifically designed to introduce your 2 or 3 year old to the magic of dance.
- *VET dance certification options for school years 9 and up (Port Pirie)
- *Take classes to perform, compete or just for fun; 2 years to adults, beginner to advance.

Contact Natasha or Kellie for details and to book your place- classes are filling quickly and we would love to welcome you into our HHB family!

natasha@hiphopbounce.com.au / kellie@hiphopbounce.com.au
0416 239 676

Find us on Facebook

Keep your kids smiling



Dental care is FREE for ALL babies, preschool and most children under 18 years at School Dental Service clinics.

The School Dental Service is a Child Dental Benefits Schedule provider.

Call us now for an appointment!

Your local clinic is: Pt Pirie West School Dental Clinic

Phone: 8632 1926

www.sahealth.sa.gov.au/sadental

Have your say on school bus services

If you are using the Government school bus service or you have an opinion about how the services work, then you will be interested in the review of regional South Australian government school bus services.



This review is looking at what options and implications there are for providing all students, regardless of whether they attend a government school or non-government school, a place on the school bus and for the bus to start making stops outside its normal route. The review is also looking at how moving the responsibility for school buses from the Department for Education to the Department for Planning, Transport and Infrastructure might make services more efficient, and how buses could be available for community use.

Have your say by providing your comments through the [YourSAY website](#). You can make comments from 21 January 2019 to 15 February 2019.

Help shape the future of this important regional service which currently transports more than 14,600 students across more than 430 school bus routes across regional South Australia.